

# GRKK TOUCH spa menu



**GREEK TOUCH** is inspired by practices of Ancient Healing Centers of Asclepius, as in Kos island and Epidaurus. Priest-healers of Soul and Body, prescribed sun exposure, fresh air breathing, thermal water bathing, specific herb applications and a low-calorie diet, as well as body massages, to cure states of imbalance.

Today, in the Orloff Spa Temples of Wellness on Spa resorts, we can put stress at a distance. As in Ancient times, we rejuvenate by hydro-therapy and treatments of aromatic Greek plants and olive oil, while being pampered with an authentic Hippocrates massage.

# **SERVICES**

## Black lava Santorini cleansing facial

45min-70€

A purifying facial based on a spectacular peeling mask for an exceptional smooth skin.

### Harmonia massage

1h - 95€

A soothing and relaxing full body massage following the Swedish massage technique, and offering balancing of body and mind.

### **Ancient Greek massage**

80min-120€

Inspired by the writings of Hippocrates, a deep pressure massage to treat muscular pain and replenish the body with energy. Ideal for athletes.

### Aloe Vera after-sun Bliss

1h-95€

Body treatment including a peeling, a soothing aloe gel mask for skin after sun exposure, and an application of aloe butter. Very refreshing and regenerating.





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